

Bethlehem Christian Pre-School



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503-638-0725 • www.bethlehempreschool.org



“Examine everything carefully; hold fast to that which is good . . .
Faithful is He who calls you, and He also will bring it to pass.” 1 Thess. 5:21 & 24

Did you feel it? The beginning of cool dampness in the mornings, with the air fresh and morning dew on the grass? We have had a very warm, dry summer, but we are also anticipating the changes that fall brings. As the seasons change, they remind me to re-evaluate and regroup. Has there been growth spiritually? Do I need to work on a new area of my life (a critical spirit, boldness, stepping out in faith, patience)? As the “dead leaves” begin to fall, what is being revealed within? This is where the faithfulness of God is so wonderful! You and I can ask Him to reveal parts of our lives that may need to change...but we can also trust Him to help in that process. Change can be as invigorating as an early morning walk on a cool October day.

Health Policy

We are often asked at this time of year what our health policy is for colds, coughs, fevers, sore throats and diarrhea. We will send home children who have the following symptoms, and we ask that you keep at home children who display the following symptoms:

- 1 A fever. Children may return when they have been fever-free for 24 hours without a fever reducer
- 2 Diarrhea. Children may return when they have been diarrhea-free for 24 hours
- 3 A frequent cough or sore throat
- 4 A runny nose with heavy discharge
- 5 A child who is unnaturally listless
- 6 Any one of the school excluded communicable diseases

We work hard to provide a healthy, sanitary environment and we appreciate your help, too!

Openings Available

- We currently have two openings in our Art & Science class on Fridays 9:15-12:00.
- Openings for Infant/Toddler, 2 ½ s, 3s, PreK 4s, and PreK Plus.

Please help us get the word out. Stop at the office if you are interested.

DATES TO REMEMBER

OCTOBER

- 5 Mon** Mrs. Cook’s class field trip
- 6 Tues** Mrs. Quarterman’s class field trip
- 7 Wed** Mrs. Stitt’s class field trip
- 8 Thur. . . .** Mrs. O’Donel’s class field trip
- 8 Thur. . . .** Mrs. Stuart’s class field trip
- 12 Mon . . .** Mrs. Hazen’s’ class field trip
- 13 Tues . . .** Mrs. Marincovich’s TTh class field trip
- 14 Wed . . .** Mrs. Marincovich’s MWF class field trip
- 15 Thur. . .** Mrs. Elrod’s class field trip
- 19 Mon** Parent/Teacher Conferences
MWF and PreK Plus classes
(Infant Toddler Open)
- 20 Tue** Parent/Teacher Conferences
TTh classes (PreK Plus and
Infant Toddler Open)
- 29, 30.** Sally Foster Delivery
- 30 Fri.** PreK Plus make-up day
NO Art & Science

Christmas in October

It’s not too early to plan! Our poinsettias are big and beautiful. Order forms will be available October 12-23.



QUESTIONNAIRES

Please turn in your Open House Questionnaire to the front office, even if you did not attend.
Your input is valued.

Wish List . . .

We need to update our emergency supplies.

- Space Blankets
- Forehead Thermometers
- Cliff Bars
- Graham Crackers
- Cheerios
- Gatorade
- 9 Volt Batteries
- Pedialyte
- Formula

Please bring your donations to the Administration Office (E-6).

Thank you!

Immunizations Review

As your child receives immunizations, **please remember to stop by our front desk to update your child's immunization record.**

Our Pre-School immunization forms will soon be reviewed for our report to Clackamas County. Any forms not in compliance with the County will have to be reported. Your help in keeping us updated will be very much appreciated!

NEEDED: A parent of a 2 or 3 year old child who is a doctor or nurse to help review our immunizations records. Please see the Office Manager if you are able to do this.

Thank You



...to **Kristy Kamali** for running errands;
...to all those who have donated items on our wish list.
We appreciate your generosity and your helping hands!!



Contacting us ...Are you wondering how to contact us? Our phone # and email will be the same while we are at Community of Hope ...

For tuition or financial questions, please email our bookkeeper dwightnall@bethlehempreschool.org or call 503 638-7212.

Time & Talent Opportunities

Please call the office if you are interested in any of the following:

- ⇒ **Sally Foster**—helpers to sort boxes on Wednesday afternoon, October 28th at 1:00 pm.
- ⇒ **Wreaths & Greenery**—3 to 4 parents to distribute on Monday, November 30th at 8:45 am
- ⇒ **Poinsettias**—3 to 4 parents to sort and label on Tuesday, December 1st at 10:00 am.

Do You Shop at Albertson's or Safeway?

Have you registered your Albertson & Safeway club cards? Go to our website to find the links. Thanks for supporting BCP. Check our fundraising page online for more information.

Information on Communicable Diseases and restricted illness may be found on line at the following link...

www.bethlehempreschool.org/handouts/disease.pdf

Fund Raiser!



Entertainment Books on sale for \$20. You may purchase them from our school office. (E-6)

Sally Foster & Entertainment Books are due ASAP.

Thank you for returning your bottles & cans to our box at Lamb's Palisades Thriftway Market.



Time & Talent

Helpers needed each Friday at 3:00 pm (On Friday, Oct. 9th the time to help will be at 1:00 pm) for about 30 minutes to carry items from classrooms to our POD.



AND...

Helpers needed on Sundays at 5:00 pm for approximately one hour to unload our POD and set up classrooms.

We have a changing table available for parents to use for changing little ones. This is located in the men's bathroom, but is available for anyone who needs it.



The Power of Play

With regard to an early childhood program, have you ever heard someone remark, "all the children do there is play." At good early childhood programs there is a lot of play - and there should be!

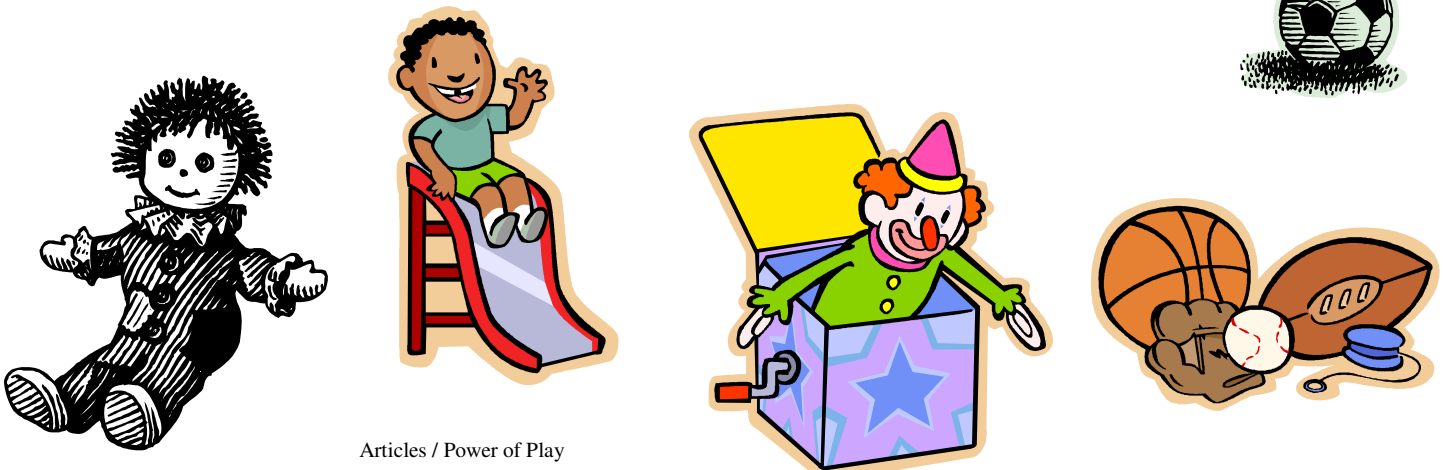
Years of research on children's learning and development document the many benefits of play for children's intellectual, social, emotional, physical and language development. Children at play are actively involved in creating themes, exploring and establishing environments, solving problems, and developing shared understandings.

Children play in many ways. They play independently, sometimes near each other, but with each child engrossed in his own activity. They engage in what is called "parallel play," perhaps using each other's toys or even talking, but not coordinating their play. They also play cooperatively, organizing roles and scenarios for group play. As they get older, children are capable of more cooperative, coordinated play. But all kinds of play are valuable.

As kids play with each other, they learn to see other children's points of view and begin to become more empathetic and caring. They come to understand customs and rules in their own culture and to appreciate those of others. They learn to use language in new ways to describe their play and to interact with others. And, in play, children develop their muscles and coordination.

Adults support children's play by providing space, opportunity and materials. We set up areas where kids can play without fear of damaging furniture or injuring themselves. We make sure that they have the time to choose and to become engaged in their own play activities. And, when we provide them with simple, interesting materials - no new fangled expensive gadgets required - kids take it from there.

Play is fun. But it also is serious business with big dividends for its eager, young investors.



When I play Let's pretend, I learn ...

- new words
 - sharing
 - how it feels to be someone else
 - eye hand coordination
 - problem solving
 - cleaning up
 - self confidence
 - independence
 - self reliance
 - cooperation
 - expressive language
- respect for others feeling and property

When I play with art materials, I learn ...

- colors
 - color mixing
 - properties of matter
 - creativity
 - new words
 - eye-hand coordination
 - problem solving
 - decision making
 - cooperation
 - how things work
 - shapes and textures
 - pride in my work
 - independence
 - self reliance
- large muscle development

When I read a book or am read to, I learn:

- new words and enjoyment
- sentence structure
- listening skills
- creativity and imagination
- a love of books
- new information
- expressive language
- logical thinking
- eye hand coordination
- reading readiness
- sequence (left-right progression)

When I play in the water or the sand, I learn

- new words
 - properties of matter
 - textures
 - cooperation
 - weights
 - problem solving
 - effects of gravity
 - measuring
 - sorting
 - buoyancy
 - spatial relationships
 - exploration
 - enjoyment
 - expressive language
 - sharing
 - using the 5 senses
 - creativity and imagination
 - large muscle development
 - decision making
- small muscle development

When I play at the science center, I learn ...

- sorting
 - experimenting
 - exploring things in environment
 - decision making
 - expressive language
 - logical thinking
 - how things work
 - categorizing
 - drawing conclusions
 - problem solving
 - new words
 - eye-hand coordination
 - properties of matter
- textures